



COMPLEMENTARY
BEAUTY[®]



T R E A T M E N T L I S T

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COMPLEMENTARY BEAUTY SIGNATURE FACIALS



DERMALOGICA SKIN THERAPIES

Meet Dermalogica and learn how to achieve your best skin ever.

Dermalogica is a world leading skincare brand for professional skin care therapists to use in the treatment room and provide expert advice.

Skin Mapping & Consultation

Discover how to achieve healthy, glowing skin with a complimentary in-depth skin analysis and a bespoke skin fitness plan. Discuss your key concerns and gain insight on your skin. Included in every ProSkin treatment; may be booked separately as a 10 minute complimentary service.

Dermalogica ProSkin 30 £30

Our customised treatment, on your time! Targeting your key skin concern for maximum impact in minimum time; this treatment is a firm favourite with those who have just 30 minutes and want visible results and great value.

Dermalogica ProSkin 60 £45

An intensive skin treatment, different every time. Customised with advanced product, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all skin concerns, and achieve healthy glowing skin.

Dermalogica ProSkin 90 £65

Adding extra time to your ProSkin 60 allows your skin therapist to tailor this bespoke treatment even further. We can add advanced electrical treatments such as LED technology and radio frequency skin tightening, microdermabrasion or even just extra massage to truly relax, unwind and maximise results.

Bio Surface Peel £45

BioSurface peel is a professional chemical peel designed to resurface and brighten the skin with minimal recovery time. This unique treatment works to safely eliminate dull epidermal layers and accelerate cell renewal and collagen production without inflammation and prolonged down time. It addresses photoaging, fine lines and wrinkles, uneven skin tone or acne breakouts.



Touch Therapies

£15

For that added attention where you need it most, customise any skin treatment with a Touch Therapy. Choose any two 15 minute Touch Therapies from the following:

- Stress Relief Back
- Stress Relief Neck & Shoulder
- Stress Relief Hand & Arm
- Stress Relief Feet

Light Therapy

£50 per treatment

30 minutes

Our award winning Celluma PRO LED panel can be used as an add-on with many of our treatments or as a standalone therapy. It delivers blue, red and near-infrared light energy to safely address a wide variety of conditions, including acne, sun damage, wrinkles and pain; it's also proven to boost moods during long, dark winters. Each wavelength is absorbed by different molecules that act as a signaling mechanism for different cellular processes. For example, some reduce inflammation and some kill bacteria, while others enhance localized circulation. Its unique flexible design and extra large light panel facilitates effective energy absorption by tissue and molds closely to the body for more effective outcomes.

Microdermabrasion

£50

Diamond microdermabrasion is one of the easiest and most effective ways to fight the effects of aging. With the use of high-tech skin care products, we are able to penetrate deep into the skin, allowing your body to build collagen and help you recover your youthful appearance. Microdermabrasion can improve rough skin, some scarring and the appearance of fine lines. It can also minimise large pores and remove white or black heads.

Micro-needling

£90

Micro-needling is based on the skin's natural ability to repair itself whenever it encounters physical damage. Immediately after an injury occurs to the skin our body reuses the damaged collagen and elastin fibres as well as other damaged skin components to make new ones. Skin needling allows for controlled induction of the skin's self repair mechanism by safely creating micro injuries in the skin which triggers collagen production. The result is smoother, firmer and younger looking skin.

BODY THERAPIES

Unleash the secrets of precious rituals and recipes that date back to ancient times. Discover the power of natural ingredients which are used to create magnificent fragrances and decadent textures. When combined with our therapies, your mind and body will be transported, and your senses indulged, in a journey of pure relaxation and wellness.

Muscle Melt Massage

Taking a choice of oil, the warm mixture is gently drizzled over the entire body and an intensive muscle relaxing massage is performed using deep massage moves and flowing techniques to leaving your muscles soothed and mind and body relaxed.

Full Body **£45**

Duration: 1 hour 15 minutes

Back, Neck and Shoulders **£30**

Duration: 40 Minutes

Therapeutic Massage

£40

50 minutes

A back, neck, shoulder, face & scalp massage to comfort the mind, body and soul. Stresses and strains melt away and tired heads and muscles are soothed.

The treatment is completed with a rejuvenating and lifting facial massage.

Add Celluma PRO light therapy for **£10**.

Indian Head Massage

£30

40 minutes

Indian head massage includes the massage of the upper back and neck. It stimulates the scalp, blood flow and lymphatic circulation. It may also relieve eye strain, headaches and migraines, eliminates muscular stress and improves circulation and promotes mental clarity.

Malaysian Bamboo Massage for Face and Body

This massage uses firm pressure of palms exerted on different parts along with the bamboo sticks using stretching, rolling and pressure techniques. The art of this massage lies in the transition between relaxing / stimulating, circulatory / energetic effects which brings a wave of unique relaxation as the bamboo rolls from point to point. Feel the stresses and strains release and leave glowing with wellness.

Full Body **£55**

Duration: 1 hour 30 minutes

Half Body **£45**

Duration: 1 hour

Back, Neck and Shoulders **£40**

Duration: 45 Minutes



Volcanic Hot Stone Massage for Body

A truly relaxing experience using hot volcanic stones combined with warm aromatic oils which helps release tension in those main areas of concern. The stones glide over the body with a deeper sense of relaxation, balance and grounding. Feel all your stress melt away!!!

Add Celluma PRO light therapy for **£10**.



Full Body **£55**

Duration: 1 hour 30 minutes

Half Body **£45**

Duration: 1 hour

Back, Neck and Shoulders **£40**

Duration: 45 Minutes

Journey to the Orient

The perfect solution for those in need of complete calm using the age-old soothing remedy of Neroli Orange Blossom. Using sacred rice with Neroli oil to gently remove dead skin, boosts the circulation and smoothes the skin. Then a candle-lit, neroli orange blossom shea butter and warm oil massage sends you on a journey to discover deep relaxation and wellbeing.

Full Body **£55**

Duration: 1 hour 30 minutes

Half Body **£45**

Duration: 1 hour

Back, Neck and Shoulders **£40**

Duration: 45 Minutes

Black Soap Exfoliating Ritual

A black soap cleanse followed by a full body traditional exfoliation with kessa mitt. Then the signature blend of melted shea butter and precious body oils are warmed for a full body muscle-melting massage.

Full Body **£55**

Duration: 1 hour 30 minutes

Half Body **£45**

Duration: 1 hour

Back, Neck and Shoulders **£40**

Duration: 45 Minutes







MUM-TO-BE RITUALS

Sweetness in Bloom

£40

Focussing on key areas using the delicate sweet fragranced Orange Blossom throughout to promote a total sense of calm. Beginning with a specialised foot ritual to relieve swollen, tired legs and feet. Whilst the legs are resting, black soap and eucalyptus cleanses the face and eases blocked sinuses before a facial massage is given to smooth fine lines and tone the skin. A multi-vitamin mask, packed with nutrients, is then applied which soothes and softens the face and neck. Finishing with a pure treat for the tummy using warm melted shea butter massage which effectively works to prevent/reduce the appearance of stretch marks.

Uplifted Soles

£30

A candle-lit foot ritual provides complete lower leg and foot relief to energise and uplift the soles! Includes a gentle exfoliation and warm shea butter massage using pre-natal techniques to reduce puffiness and nourish the skin.

RELAXATION THERAPIES

Sheer Bliss Massage Package

£55

Back, neck, shoulder and scalp, includes Dermalogica Aromatherapy facial.

Duration: 1 hour 45 minutes

Full Body Aroma Massage

£55

Includes Dermalogica mini facial

Duration: 1 hour 50 minutes

Massage Package

£45

Back, neck and shoulders, including Dermalogica mini Facial

Duration: 1 hour 30 minutes





HANDS, NAILS & FEET

Nail File & Polish Application

£15

Manicure

£25

A gentle hand soak followed by a soothing massage, nail file, cuticle tidy and nail strengthener with polish to finish.

Hand Ritual

£35

With a cleansing black soap and nail whitening treatment, complete exfoliation, buffing and tidying before slipping into a relaxing hand/foot massage followed by an intense softening and nourishing warm honey, rose & ginger wrap. Once completed your choice of colour is applied.

FOOTLOGIX

A unique treatment specially created to penetrate faster and deeper into troubled skin of the feet; created to energise and invigorate feet and soften and remove hard skin. Made with pharmaceutical-grade ingredients the Footlogix Pedicure treatment relaxes, cleanses and revitalises lower extremities while delighting mind and body.

Footlogix Pedicure

£30

Intensive treatment which includes cutting, filing and shaping the nails, exfoliation, cuticle and hard skin removal. Finished with a hydrating foot massage.

NAIL BAR

2 Week Cuccio Gel Polish £20

Now you can say goodbye to chips, smudges and dry time and say hello to Cuccio. This revolutionary product applies like a polish, wears flawlessly for up to 14 days of high glass shine, and is removed in minutes.

Slickpour Powder Coat Nail System £26

This hard wearing treatment can last up to 4 weeks. No UV lamp is used, contains calcium and vitamins and is easily removed.

Removals Includes file, buff & oil. £10

EYE TREATMENTS

We advise an allergy test 24 hours prior to tinting for the first time.

- **Eye brow Wax** £9
- **Eye brow Wax & Tint** £15
- **Eyelash Tint** £10
- **Eyepack** £20
(Eye brow Wax & Tint and Eyelash Tint)
- **HD Brows** £20

- **Strip Lashes** £5
One strip per eye, will last one day
- **Party Lashes** from £15
- **Cluster of Lashes** from £15
Applied closely to the lash line, 10-15 per eye.

Semi-Permanent Lashes/Classic lashes £45

The application of one extension per each natural Lash, suitable for the people who would like fullness and length but also a natural look.

These extensions come in all lengths, thickness & curls; something to suit all ages! Your Lash extensions will fall with your natural Lash cycle. Recommended maintenance every 2-3 weeks

Maintenance £25

As your Lash extensions fall out with your natural Lash cycle, you will need an infill to replace the ones that you've lost. Your Lashes will look as good as your full set, if you would like them curlier/longer this is possible, if your own Lashes are strong enough.

If your Lashes have been on longer than 3 weeks without a refill, you may be charged as a full set depending on Lashes left per eye.

Removal £10

Do not try and take your own Lash extensions off at home, let us do it with care and using our professional remover; your natural lashes will be in perfect condition.

WAXING

We use only the finest ingredients and essential oils. Harley wax is used for intimate and sensitive areas; it's low-melt temperature will guarantee client comfort and total satisfaction.

• Upper lip	£7	• Half leg	£17
• Chin	£7	• Full leg and Bikini	£30
• Sides of Face	£7	• Basic bikini	£15
• Forearm	£12	• Californian	from £20
• Underarm	£10	• Hollywood	from £25

ELECTROLYSIS

Electrolysis is a fine needle with an electric current which is inserted into the hair follicle to destroy the root offering permanent hair removal. Multiple sessions are required to give the best result.

5 minutes	£10
10 minutes	£15
15 minutes	£20
20 minutes	£30

MAKE-UP

Make-up application £25

Includes cleanse, tone & moisturise

Bridal make-up
(package can be arranged)

Make-up lesson £35

Bridal make-up (package can be arranged)

HE-SHI SPRAY TAN

He-Shi is a unique formula; it tans the skin on contact, making it easier than ever to avoid streaking. It is also odourless, quick drying and 100% alcohol and paraben free. He-Shi is available in a range of formulations to work with all skin types.

Full body spray tan	£20
Half body spray tan	£17





COMPLEMENTARY
BEAUTY®

Opening Hours:

Tuesday: 10am - 9pm

Wednesday: 10am - 6pm

Thursday: 10am - 9pm

Friday: 10am - 6pm

Saturday: 9.30am - 3.30pm

www.complementarybeauty.com

